The problems and the solutions improving sex education in Japan : A comparison with sex education in the U.K.

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# **Outline**

- 1. Background, Topic, Purposes and Research Methods
- 2. Chapter 1 : Sex education
- 3. Chapter 2 : Sexual behavior in Japan and the U.K.
- 4. Chapter 3: The problems and solutions about sex education in Japan

5. Conclusions

## 1. Background, Topics, Purposes and Research Methods

### 1. Background

- Japan's sex education is far behind from international standards
- →If true, some problems will occur
- My experiences in Japan
- →Lack of knowledge and understanding about menstruation (月経)
- →No information about direct sexual words

### 2.Topic

• To explore the problems of Japan's sex education and to show the solutions to improve it

## 1. Background, Topics, Purposes and Research Methods

### 3. Purposes

- To clarify the problems of Japan's sex education by comparing with the U.K.'s sex education
- To clarify the impact of "The stop rule"(はどめ規定) on Japan's sex education
- To show the necessity of improving Japan's sex education
- To provide the solutions of that problems

#### 4. Research Methods

- By comparing sexual behaviors and systems in Japan to the U.K's
- By comparing sex education in Japan, "International technical guidance on sexuality education: An evidence-informed approach" (UNESCO, 2018), and in the U.K.

# 2. Chapter 1 : Sex Education →To clarify the problems of the curriculum of Japan's sex education

# "International technical guidance on sexuality education: An evidence-informed approach" (UNESCO, 2018)

- Comprehensive Sexuality Education (=CSE) is encouraged

  To acquire the knowledge to make respectful relationships and society
- → Advantage: People's sexual behaviors will be informed by learning accurate sexual information

Results: "The stop rule"(はどめ規定) impacts on Japan's sex education and curriculum

# Chapter 2 : Sexual behavior in Japan and the U.K. →To clarify the problems of sexual behaviors in Japan

- issues about sexual behaviors, systems and awareness in Japan
- →By comparing Japan with the U.K. to clarify the problems

**The problems about Japan's sexual and reproductive health/rights** 

<u>Contraception:</u> →In Japan, women can't decide desirable contraceptive choices even though pregnancy effects on women's bodies and minds

**Abortion:** →put the feeling of guilt about abortion and restrictive systems do not allow women to choose abortion by themselves

# 3. Chapter 2 : Sexual behavior in Japan and the U.K.

Sexual and reproductive health/rights: →There are few rights for women to decide on their own and they don't have enough knowledge to choose sexual behavior

Sexual assault: →The systems to protect from sexual offenses are not on the victim's side and children are in unsafe situations

4. Chapter 3: The problems and solutions about sex education in Japan

**The problems and solutions about sex education in Japan** 

**1** The fundamental thoughts of the curriculum of sex education

Sex education=Disgusting →"The stop rule"(はどめ規定)

→to acquire the knowledge

the concept of sexual and reproductive health/rights

**2** The age of starting sex education is not appropriate

 $\rightarrow$ CSE = the stages of development of body and its effects are proven

### 4. Chapter 3: The problems and solutions about sex education in Japan

### **3**The contents of sex education

Because of "The stop rule"(はどめ規定), Japan's sex education is not enough

→ <u>Sexual activity</u>: this is fundamental of knowledge about sex education, teach definitions and affects

<u>Contraception</u>: teach false information about contraceptive methods and teach contraceptive methods which we can access in Japan to help people's choices

Abortion: teach that the abortion is a right

Sexual and reproductive health/rights: teach definitions

<u>Sexual assault</u>: teach definitions and the way of dealing with sexual offenses

# **5.**Conclusions

- "The stop rule"(はどめ規定) = "sex education is disgusting"
- → the contents and the age of starting sex education
- = Japan's sex education is far behind
  - The problems of Japan's sex education which I concluded...
- ①The fundamental concepts of the curriculum of sex education
- 2) The age of starting sex education
- 3 The contents of sex education and they can be solved by the solutions which I showed before